

What's new?

Our team's been out and about consulting with staff, consumers and community groups, as well as visiting best practice sites in other local health districts.

We held our first planning day for the overarching model of care and conducted a community consultation session at Blacktown.

What's next?

Over the next month we will be:

- Continuing our consultation with mental health staff on the proposed overarching model of care
- Speaking with the community, carers and consumers on our proposed vision for mental health services
- Following up with our service partners at The Children's Hospital at Westmead and Primary Health Network partner Wentwest
- Visiting RPA's Marie Bashir Unit for another site inspection
- Co-designing services with other government agencies e.g. FACS.
- Holding our next community consultation session at Parramatta 11 May 5pm-8pm (below).

Overarching model and system of care

In response to the NSW Mental Health Commission Strategic Plan and the NSW Government response, a proposed overarching model of care has been developed in mental health and is now being distributed to our service partners and WSLHD MH staff, consumers and community for wider consultation.

The overarching system of care takes a client-centred approach allowing the mental health consumer improved access to the most appropriate service available.

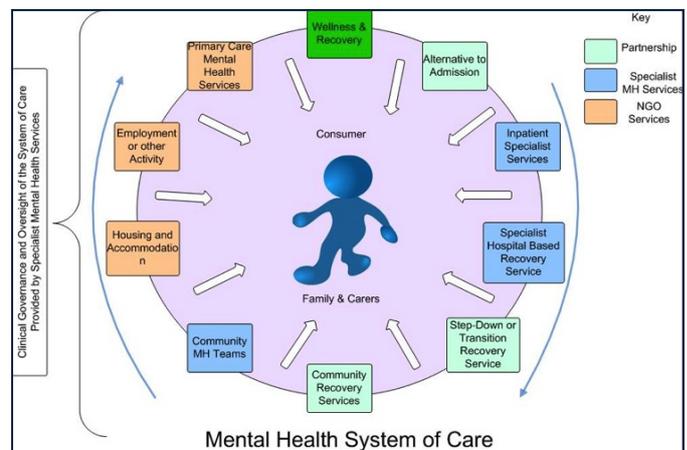
The system of care follows a continuum from

resilience and wellness to acute episodes of mental illness, and incorporates recovery approaches in the community and our partner services.

Planning is now underway explore the proposed model of care for:

- Child and Adolescent Mental Health
- Adult Mental Health
- Older Adult Mental Health.

The first planning day was completed in early May with a follow-up session planned for the end of May.



COMMUNITY CONSULTATION

Do you know a consumer or community member who might be interested in participating in community consultation?

-Future planning workshop at Cumberland

PARC, Cumberland Hospital Monday 11 May 2015 9am - 12pm

-Future planning workshop at Parramatta

Civic Place Meeting Rooms, Dan Mahoney Room 1a Civic Place, Parramatta

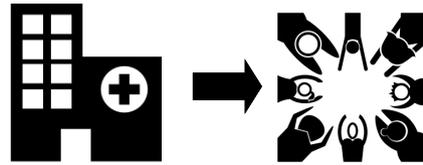
Monday 11 May 2015 5pm - 8pm Registration of interest can be completed by calling us on 02 9840 3000 or visiting the website at: www.wslhd.health.nsw.gov.au/WSLHD-Community---Consumer-Engagement-Framework/Register-Your-Interest

Community mental health model of care development

An external consultant, Kevin Freele, has been contracted to co-develop community mental health services with MH staff.

The focus of the service development is to:

- Align community mental health services across the district
- Improve and implement evidenced based practice
- Focus on acute episodes in the community
- Improve the response of community mental health teams by focusing on crisis intervention and hospital prevention
- Collaborate with existing NGO service providers in providing specialist mental health services.



Hospital to community initiative

A program to help people in long-term hospital-based treatment explore options for their care and treatment in the community has begun in NSW.

The program, called Hospital to Community Initiative (HCI), is part of NSW Government's response to the NSW Mental Health Commission's strategic plan and is based on international evidence that supports community living for people with complex or multiple support needs.

An initial count of people staying as an inpatient for greater than 365 days was undertaken in mid-2014 and there were then 380 people in NSW at that point.

The HCI program has commenced elsewhere in NSW already and will be commencing in WSLHD.

Approximately 115 inpatients at Cumberland met the criteria in mid-2014 for consideration for HCI.

The HCI program will work with the patient, carers, family and staff to see who is suitable for HCI.

The first part of this process will involve the appointment of a local project manager for Cumberland.

Their work will focus on assessing the potential for the people to move into the community with appropriate support, and to develop a model of care that would ensure that such a move would improve their quality of life and care.

Further details can be obtained from Robert Ford, Director of Operations – Mental Health on 02 9840 3508

Site inspections

This month our teams visited Liverpool Hospital Mental Health Services and Concord Hospital Mental Health Services to see first-hand how some recently completed facilities are working for staff and consumers. Here's what we learned:

- It's critical to get the model of care right before we consider the facility solution
- Future mental health services need to be more integrated with acute facilities so MH consumers can access to specialist medical and surgical services
- Colocation and adjacency is key to good patient journeys and outcomes
- Technology initiatives (such as EMR and electronic documentation) can significantly increase efficiency and effectiveness but they need to be built in to the facility design
- Short stay models work well when integrated with emergency departments
- Space is important especially in clinical transit areas and dedicated corridors for MH consumers and the public
- Natural lighting and personal storage space consumers is very important to consumers.



▶ Concord MH

Perinatal workshop

We recently completed a workshop with perinatal mental health services, women's and newborn services and child & family health services.

The workshop confirmed there is a mix of services to support the mother and baby in both the prenatal and postnatal journey in WSLHD, including a state-wide outreach service perinatal MH service – SWOPS and this supports inpatient services at Westmead hospital.

However, the patient journey for MH consumers using perinatal and post-natal services could be improved through evidenced based best practice service design and better integration with mental health services.

Identification and assessment of mental health illness through perinatal services

could be strengthened through and improvement of workforce skills and knowledge.

Accessible, appropriate services for our CALD and Aboriginal populations also need to be prioritised.

Future considerations include:

- An appropriate mix of inpatient, outpatient and community services
- Seamless journeys from perinatal to postnatal services with support from mental health services
- Expert workforce
- Inclusive of NGO and primary care services.