

Fact Sheet

Population Health, Community Based and Integrated Care Services



Population health, community based and integrated care services will play a fundamental role in future service delivery in Western Sydney Local Health District (WSLHD) by promoting good health and appropriate child development, preventing illness and the development of chronic health conditions, and integrating care and managing illness in the community.

These services will play a major role in:

- ▶ Promoting initiatives across community settings, primary care and hospital settings to improve the health, wellbeing and health literacy of WSLHD residents
- ▶ Delivering services to manage more health conditions outside the hospital setting.

Population health, community based and integrated care services will be networked with other WSLHD services that will increasingly provide services in people's homes and in community settings, either in person or via virtual health.

Future service models for many services will be influenced by WSLHD strategic planning initiatives and work across the Western Sydney Integrated Health Partnership's five priority areas: Aboriginal health; Family, child and youth health; Chronic and complex conditions; Mental health; and Older people's health.

Recommendations for population health, community based and integrated care services:

- ▶ Foster integrated approaches to health with consumers, community members, primary care, WSLHD services and other services; and support implementation of the Patient Centred Medical Home model in western Sydney www.wentwest.com.au/phn/programs/pcmh
- ▶ Progress partnerships to deliver integrated care programs, service delivery reform initiatives and support greater integration with general practice
- ▶ Promote information technology integration and communication between community based services, primary care providers, and hospital services
- ▶ Contribute to creating an environment where community members and consumers are involved in health promotion and self-management, including initiatives to improve health literacy
- ▶ Undertake health protection priority actions including for childhood immunisation, infectious diseases management and strengthening disaster preparedness

Population Health continued

- ▶ Progress population health approaches including:
 - Partnerships to address health promotion priority areas and the upstream determinants of health
 - Promotion of healthy diets and increase levels of physical activity in the community
 - Whole of government efforts to increasing the availability and affordability of fresh food
 - Integration of best practice smoking cessation programs into all WSLHD services
- ▶ Foster good urban design that contributes to liveability and population health and wellbeing
- ▶ Contribute to strategic resource planning for WSLHD integrated community health centres
- ▶ Progress virtual health approaches and implementation of technologies that will enable the delivery of more complex care in the community setting
- ▶ Progress strategies to improve the health of priority groups including collaborative actions to improve the health and wellbeing of Aboriginal people and development of a multicultural health strategy
- ▶ Develop the WSLHD strategy to enable more care to be delivered in people's homes and other community settings:
 - Align WSLHD services that provide home based care to adults
 - Explore opportunities to develop paediatric Hospital in the Home services, in partnership with the Sydney Children's Hospitals Network
 - Increase support to residential aged care facilities and supported accommodation to enable the delivery of health care in the patient's residence
 - Contribute to growing the workforce and its capabilities to deliver expanded home based and community care.
- ▶ Progress the development of shared service models with primary care consistent with directions identified within the Western Sydney Integrated Health Partnership.