



**Health**  
Western Sydney  
Local Health District

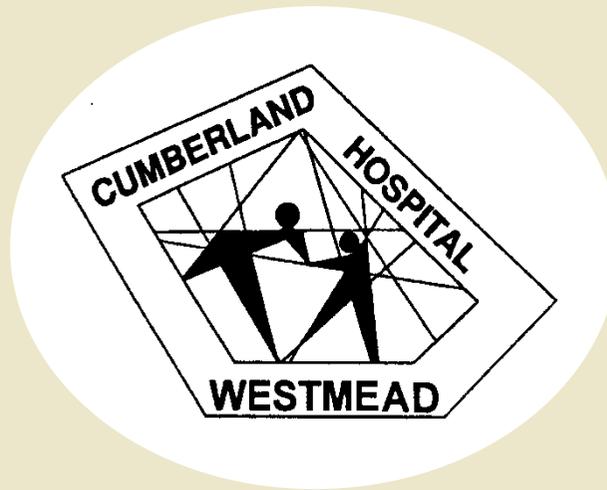
Western Sydney Local Health District Mental Health Services support people across the lifespan with a range of mental illnesses and disorders. We provide specialist services relating to prevention through to early detection, early intervention, triage, assessment, acute and sub-acute care, and various levels of treatment and ongoing support in the community.

All treatment is recovery orientated working in partnership with the consumer and carer.

We provide Gradstart clinical placements in the following areas:

- Acute Adult
- Non-Acute Rehabilitation
- PECC Blacktown Hospital
- Mental Health Services for Older People (SMHSOP)
- Forensic Rehabilitation
- -Adolescent Mental Health
- Medical services for Mental Health

WSLHD Mental Health has services on the Cumberland, Westmead and Blacktown Hospital sites.



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## Western Sydney Local Health District Mental Health Services



### Gradstart 2022

## GradStart Program

The Western Sydney Local Health District (WSLHD) Nursing and Midwifery GradStart program offers you the opportunity to be able to work in a wide variety of WSLHD facilities and support your career development as a registered nurse or midwife.

We hope that your GradStart year is enriching, exciting and transforming and that it meets your expectations and learning and development needs.

Nurses wishing to undertake the GradStart Mental Health program will need to be accepted as part of the WSLHD GradStart Program. For further enquiries about all GradStart programs, please contact [WSLHD-GradStart@health.nsw.gov.au](mailto:WSLHD-GradStart@health.nsw.gov.au)

The GradStart program includes:

Corporate and workplace orientation  
Paid educational support days  
Two six month supported clinical rotations.

## Why choose Mental Health Services?

Mental health nursing is a highly specialised field. We care for people with a wide range of mental illnesses and co morbidities. Mental health nursing's primary focus is to work alongside people and their carers to overcome the symptoms of their illness and commence and continue their personal recovery.

As a mental health nurse you will have opportunities to interact with a diverse group of people from all backgrounds experiencing a range of mental illnesses including psychosis, depression and bi-polar disorder. Mental health nurses work within a multi-disciplinary team that may include psychiatrists, social workers, psychologists and GPs.

Mental health nursing is an immensely satisfying career providing the opportunity to specialise in areas such as child and adolescent mental health, older persons' mental health, rehabilitation and recovery, assertive community services, drug health, emergency departments or the justice system.

Employment as a new graduate, registered nurse will provide an invaluable entry point for nurses into the mental health workforce. The acquisition of foundation-level knowledge and skills by nurses new to mental health through structured and consistent orientation/training programs is a priority.

The Gradstart Mental Health program is designed to support new graduate nurses to consolidate the skills and knowledge required of a nurse working in contemporary mental health settings.

The GradStart Program aims to:

- Support the ongoing individual learning needs of newly registered nurses and midwives.
- Promote a consistent and supportive learning environment across different facilities and clinical areas.
- Foster self-directed and life-long learning skills
- Maintain a documented system of demonstrating clinical competencies

Mental Health Services Education Centre is located on the Cumberland Hospital campus: 1-11 Hainsworth St, Westmead NSW 2145 in Building 29.

Contact number: 9840-3526

