

Your career in **PHYSIOTHERAPY**

Physiotherapists (PT) are allied health professionals providing assessments, diagnosis, treatments and prevention methods to a wide range of health conditions and movement disorders. Physiotherapists have a very challenging and rewarding career with specialties in many areas.

What is a Physiotherapist?

Physiotherapists, in short, work with patients to help them get back to where they were before their sickness and help them to stay well. This can involve therapists assisting patients recover from a musculoskeletal injury or surgery, helping those who have had falls or neurological events walk again and assisting those with respiratory disorders breathe easier and regain their respiratory function.

As a Physiotherapist you have the opportunity to experience both the fast-paced, multi-disciplinary inpatient world as well as more one on one therapy of the outpatient setting. Whether it be rehabilitation, musculoskeletal, community or acute respiratory there is plenty of variety within the Physiotherapy discipline.



What studies do I need to undertake?

The most common entry point into Physiotherapy is by completing a Bachelor of Physiotherapy course at University. There are a number of Universities offering this in NSW and is usually a 4 year undergraduate degree.

To apply for the Bachelor of Physiotherapy you need to have completed your High School Certificate (HSC) or equivalent and have the appropriate Australian Tertiary Admissions Rank (ATAR) or equivalent.

While there are no pre-requisites for Physiotherapy courses, however, mathematics, physics and chemistry are assumed knowledge for many available courses.

The alternative entry point to becoming a Physiotherapist is with the completion of the Masters of Physiotherapy (Graduate Entry) Program. This program is a two-year degree for students with previous tertiary qualifications who wish to become a Physiotherapist.

Physiotherapy courses consist of a mix of theory and practical content. Your first years at University will be devoted towards the understanding of basic Physiotherapy concepts with the latter part usually filled with onsite clinical placements across varied clinical fields.

What happens when I finish at University?

Once you graduate you will need to apply for professional registration through the Australian Health Practitioner Regulation Agency (AHPRA). All Physiotherapists must renew their registration annually with AHPRA in order to practise in Australia.

If you are interested in a rewarding career in Physiotherapy or require more information, you may find the following helpful:

Australian Physiotherapy Association
<https://www.physiotherapy.asn.au/>

Universities Admissions Centre
<https://www.uac.edu.au/>



The following Universities offer undergraduate or post graduate Physiotherapy courses:

Australian Catholic University (Undergraduate)
www.acu.edu.au

Macquarie University (Post Graduate)
www.mq.edu.au

University of Newcastle (Undergraduate)
www.newcastle.edu.au

University of Sydney (Undergraduate + Postgraduate)
www.sydney.edu.au

University of Technology Sydney (Post Graduate)
www.uts.edu.au

University of Western Sydney (Undergraduate)
www.uws.edu.au

Charles Sturt University (Undergraduate)
www.csu.edu.au