

IF YOU TEST COVID-19 POSITIVE

You will get a **phone call** from the Western Sydney Public Health Unit.

They will ask you questions about your health and give advice about what to do next.



All information shared by you is private and confidential.

What questions will I be asked?



You will be asked about:

- Your health and symptoms
- Who you have seen recently
- If you have travelled recently
- If you need any support while self-isolating

NOTE: Health department phones come up as private numbers. Please pick up private calls when waiting to hear back about test results.

HELP AND SUPPORT

Are you feeling worried and need help to cope during the COVID-19 outbreak?

Speak to a counsellor available 24/7:

Lifeline 13 11 14

<https://www.lifeline.org.au/get-help/online-services/crisis-chat>

Beyond Blue 1800 512 348

<https://coronavirus.beyondblue.org.au/>

In an emergency, or you need immediate medical attention, please call Triple Zero (000).

Website for local COVID-19 information in Western Sydney

Scan the QR code with your phone camera.



SCAN ME!

Or visit:
<https://www.wslhd.health.nsw.gov.au/COVID-19-Wellbeing/home>

Updated 14 Sept 2020

JUST GOT TESTED FOR COVID-19?

Information for the Aboriginal community



Artwork by Leanne Tobin. Leanne's artwork reflects the vibrancy and transitional motions of the dragonflies as they move through their journey of life.



Health
Western Sydney
Local Health District

WHAT TO DO AFTER GETTING TESTED FOR COVID-19



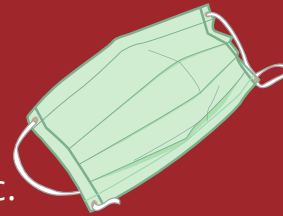
Continue wearing the free **face mask** you were given at the COVID-19 test clinic.

Step 1: Go straight home

Step 2: Self-isolate until you get your test result back.

ASK FOR A FACE MASK

If you don't have face masks at home, please ask for more masks at the COVID-19 test clinic.



It is important to wear them at home when in a room with other people, even if you are 1.5 metres apart.

Masks help to stop the spread of COVID-19 at home.

RECEIVING TEST RESULTS

NEGATIVE TEST RESULT

You do not have COVID-19

You will receive your results via SMS or your clinic will contact you within 1-3 days.

Stay home until you are well. If you feel unwell again after 14 days, get another test.



POSITIVE TEST RESULT

You have COVID-19

A Public Health Unit Officer will call you as a priority.

See next page for details about what happens next.



NOTE: If you have been told you are a close contact of someone with COVID-19, you must stay in self-isolation for 14 days even if you get a negative test result. This is because it can take 14 days before you may show symptoms or test positive.

Western Sydney Aboriginal Health Hub

Aboriginal Health Workers are available to help and assist you.

The Aboriginal Health Hub can also help with providing face masks or other essentials.

Please call 9881 1670.

Available Monday-Friday, 8:30am to 5pm

If you are an older Aboriginal or Torres Strait Islander person, or unwell with an existing health condition, you may be eligible to receive more help.