

## Fact Sheet

### Car seats for children

[womensnewbornhealth.com.au](http://womensnewbornhealth.com.au)

If you have been given a car seat or are buying one, there are a few things you need to consider:

- With over 200 varieties of baby car seats, choosing the right one for your baby can be a challenge. Check out the [car seats website](#) for information on the best seat for your baby.
- By NSW Law, children younger than 6 months old must be secured in a rear facing car seat, they must be facing the back window. Babies over 6 months should still use the rear facing seat if they still fit in it.
- A child who is properly secured in an approved car seat is less likely to be injured or killed in a car crash than one who is not.
- Follow the manufacturer's instructions carefully when fitting a child's car seat. Search for the instructions online if they are missing.

To ensure correct and safe installation of your child's car seat, contact an [Authorised Restraint Fitting Station](#). Check the price before committing to inspection or instalment.

[www.kidsafe.com.au](http://www.kidsafe.com.au)

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