

Live Life Well @ School

Online Professional Learning

Using the Health Promoting Schools Framework, this professional learning course supports the development of whole school strategies that foster healthy eating and physical activity to improve the health and wellbeing of students and the school community.

Module 1 (2 hours) - MyPL course code RG13809

Physical activity, healthy eating, learning and wellbeing

Module 2 & 3 (6 hours) - MyPL course code RG13811

Identifying and prioritising school needs

Planning for quality implementation

All modules are NESA registered



Key features:

- Self-paced
- On-demand, access any time via MyPL
- Local Health Promotion Officers to support you on your *Live Life Well @ School* Journey
- Schools are encouraged to enrol two or more teachers; however, individual teachers are most welcome

For more information contact, LLWS@det.nsw.edu.au

A joint initiative between the NSW Ministry of Health and the three NSW education sectors

