



Health
Western Sydney
Local Health District

Our health facilities and grounds are **100% SMOKE FREE**



We care about **your health** and
the health of **those around you.**

The best thing you can do for **your health** and the **health of others** is to **QUIT SMOKING**.



FOR HELP

- Patients/clients: Speak to your Nurse Manager or Community Health Centre staff
- Contact your GP
- Call Quitline 137848 (13QUIT)
- Go to: www.icanquit.com.au

New laws in NSW¹ prevent you from smoking in the buildings and the grounds of all our health facilities.

Fines apply 1 March 2015.

(¹Tobacco Legislation Amendment Act 2012 No56)

**THANK YOU FOR
NOT SMOKING.**



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