

Fact Sheet

Information for overnight support people

womensnewbornhealth.com.au

Welcome to the Maternity Ward & Women's Health Ward

Visiting hours: 8am to 8pm daily

We encourage spouses, partners and support people to visit between 8am and 8pm.

We encourage support people to leave the hospital at a reasonable hour to give women time to rest and enjoy some quiet time with their new baby.

The decision to allow a support person to stay overnight is made by the Nurse/Midwifery Unit Manager or After Hours Team Leader. Only one support person can be considered to stay overnight.

We strongly encourage you to go home at night so you are well rested for when your family comes home and needs your help.

Who can stay overnight?

- A parent of a baby/s in a critical or deteriorating condition.
- A couple who has suffered a stillbirth or neonatal death.
- The support person for a pregnant woman who is experiencing labour or a sudden complication.
- The support person for a woman who is experiencing a problem with mental illness or disability.
- The primary carer for a women with a disability.
- Support person for a mother with twins/triplets.
- A woman who has been readmitted and needs support to care for her baby.

Staying overnight

If you stay overnight, the hospital will provide a fold-out bed and clean linen for you to sleep on. You will also have access to the bathroom and toilet facilities within the room. Meals are not provided but food can be purchased from the coffee shop on level 2, the vending machines on level 4 or the food outlets across the road from the hospital on Hawkesbury Road.

If you stay, we ask that you please observe these rules:

- Follow the instructions that staff give you
- Do not wander around the corridors after the ward is closed.
- Dress in suitable clothing for a public place at all times.
- Keep the room tidy and free of clutter.
- Do not use the fold-up bed during the day.
- Children are not allowed to stay under any circumstances.

Respecting our patients and staff

Hospital staff and patients expect visitors to behave in a respectful and tolerant way. Security staff may be called to remove any one who is:

- Swearing, shouting or verbally abusing patients or staff
- Letting children run in corridors or play in rooms unsupervised
- Physically violent
- Threatening or intimidating patients or staff
- Vandalising or improperly using hospital property
- Failing to follow reasonable directions by staff
- Stealing the hospitals or other peoples' property.

We welcome further feedback on this brochure as a way of continually improving our service.

Send your feedback to:

WSLHD-Get_Involved@health.nsw.gov.au

This written information is for guidance only and does not replace consultation and advice by your health care provider.