

Women's Health Ward Information for overnight support people

womensnewbornhealth.com.au

Welcome to Westmead's Women's Health Ward. Here on our ward, we have noticed an increased request from our patients to have a support person stay overnight.

We encourage support people to leave the hospital at a reasonable hour to give women time to rest and enjoy some quiet time with their new baby.

The decision to allow a support person to stay overnight is made by the Nurse/Midwifery Unit Manager or After-hours Team Leader. Only one support person can be considered to stay overnight. There is no additional cost for you to stay, but there are some things you need to know

If you display cold or flu like symptoms, please refrain from visiting the facility.

Westmead Women's health Ward – Reception Area



Staying overnight:

- There is to be only one support person per patient.
- Please tell your nurse if you are staying overnight so all staff are aware of you being on the ward after visiting hours.
- You will be provided with a chair. (Linen is provided) Please do not share the bed with the patient.
- You must always dress in suitable clothing for a public place.
- Please do not walk around the ward between 10pm-6am unless necessary.
- Please respect all patients and keep noise to a minimum between 10pm-6am.

Personal items:

- Please do not leave valuables unattended. Staff are not responsible for your personal items.
- You will be required to provide your own toiletries.
- Doors to rooms **MUST** remain open at all times, however, curtains may be pulled for privacy

Toilets and showers:

- If you are in a shared or single room, you are required to use the visitor's toilet located just outside the ward.

Parking:

- There is free street parking around the hospital after hours. Please note time limits that apply in the morning.
- Concessional parking is available please speak to ward staff.

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Food and drink:



IN AN EMERGENCY

In the unlikely event of a hospital emergency such as a fire or bomb threat, please follow instructions from hospital staff.

Do not leave the ward and do not leave the ward with a patient until asked to do so. Nursing staff will be responsible for your safety and there are strict emergency procedures in place to protect you.



STAYING OVERNIGHT

Only one support person may stay overnight and must be over the age of 18.

The support person must be able to assist with basic patient needs.



WOMENS HEALTH WARD VISITING HOURS

General visiting hours are 8am to 8pm. We know you will understand that you may be asked to leave the room if there is a medical emergency or if your patient needs a procedure. We will let you know when you can return to the room.



RESPECTING PATIENTS AND STAFF

Hospital staff and patients expect visitors to behave in a respectful and tolerant way. Security staff may be called to remove anyone who is:

- Swearing, shouting or verbally abusing patients or staff
- Physically violent
- Threatening or intimidating to patients or staff
- Vandalizing or improperly using hospital property
- Failing to follow reasonable direction by staff
- Stealing hospital or personal property



VISITING WITH CHILDREN

Children must be supervised by another adult at all times. Children are not able to stay overnight.

PATIENT MEAL TIMES



BREAKFAST: 07:00 – 07:30
LUNCH: 11:30 – 12:00
DINNER: 17:00 – 18:00

Meal time is very important for our patients. Please do not share patient meals without talking to your nurse. Patients are most welcome to eat food from home.



HAND HYGIENE

Please use the hand wash or sanitiser rub provided before entering and leaving a ward or room.

We welcome further feedback on this brochure as a way on continually improving our service.

Send your feedback to:

wslhd-wmdwrnhwebsite@health.nsw.gov.au

