

Perinatal Anxiety and Depression: Women's Health Matters

You're invited to join our *free* workshop

to raise community awareness to focus on fostering positive relationships with each other as a couple and with your baby during pregnancy, birth and beyond.



Friday 22 November 2019

9:00 am – 1:00 pm

Westmead Hospital

Education & Conference Centre

Level 2, Seminar Room 6

(Registrations open at 8:30 am)

Lunch provided

BOOKING INFORMATION:

Nelma Galas

Westmead Hospital, Women's Health Clinic

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Norma Boules

Community Migrant Resource Centre

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Health
Western Sydney
Local Health District



Women's &
Newborn Health
Westmead Hospital