

# Tamil

## Introduction for Health Information Fact Sheets

To support your conversations with your doctor, midwife or nurse we have health information fact sheets in the most commonly used languages at Westmead Hospital. These fact sheets have been formally translated and reviewed to ensure they make sense in your language. As part of our commitment to the people of WSLHD we will continue to develop translated health information fact sheets to support your health care with us.

When you come to hospital we have translated health information to assist you with the hospital routines and care. On admission please ask the staff to provide you with translated health information related to your needs. If we do not have the information you need N.S.W. Health provides translated health information on a wide range of health matters. To view these resources see [N.S.W. Health Multicultural Resources](#)

To find out more information in Tamil click on the images below

Pregnancy

Giving Birth

After Birth

Breastfeeding

Parenting

Vaccination

## Having a baby in Australia?

This audio file provides information about giving birth. You'll learn about Australian birth practices, procedures, and care options in the Tamil language.

Please note that only the introduction is in English.

*This audio information is for guidance only and does not replace consultation and advice by your health care provider.*