

CHILDREN LEARN TO ACCEPT AND ENJOY HEALTHY FOOD THROUGH REGULAR, POSITIVE FOOD EXPERIENCES.



## IS YOUR CANTEEN PART OF THIS PICTURE?

All NSW public schools are required to implement the Strategy by 2019. Independent and Catholic Schools are strongly encouraged to adopt the Strategy.



## BECOME A HEALTHY CANTEEN TODAY!

Contact us today to arrange a time to meet and discuss the best support options for your school or canteen business. No cost involved!



 [wslhd-schoolcanteen@health.nsw.gov.au](mailto:wslhd-schoolcanteen@health.nsw.gov.au)

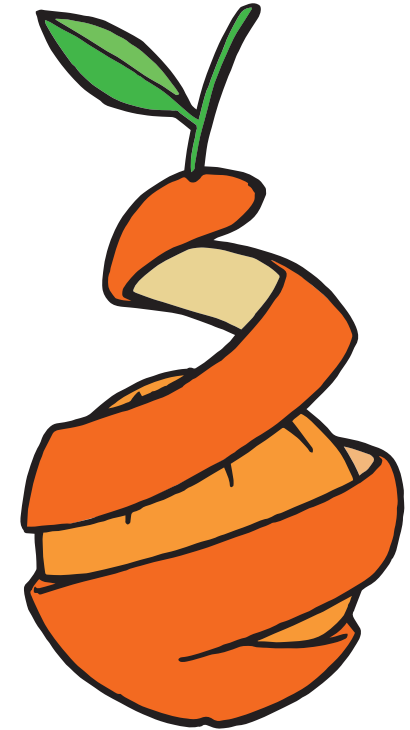
 02 9840 3603

 [healthyschoolcanteens.nsw.gov.au](http://healthyschoolcanteens.nsw.gov.au)



# UNRAVEL THE GOODNESS

AND BECOME A HEALTHY CANTEEN



SUPPORT ★ TRAINING ★ ACTION ★ RESULTS

Free support for schools and canteen operators to achieve the NSW Healthy School Canteen Strategy

Contact us today





## ABOUT US

The Health Promotion Unit works in partnership to promote the health of people in western Sydney.

Our partnership with schools helps them support children with practical skills and opportunities needed to be active and eat well.



## SUPPORT

### LET US DO THE LEG WORK FOR YOU!

See how your canteen is working towards and achieving the NSW strategy

- Canteen menu check & feedback
- Brief menu check of potential tenders
- Engaging student project ideas
- Resources for the whole school community

## ACTION

### WORK WITH US TO DEVELOP A PLAN OF ACTION!

Make your healthy school canteen goals a reality.

- Strategies tailored to your school or business
- Emphasis on promoting healthy food and maintaining profits
- Work within an achievable timeframe

## TRAINING

### LEARN FROM EXPERTS!

Book a free in-service for your school or canteen staff

- NSW Healthy School Canteen Strategy explained
- Promoting the sale of healthy foods
- Canteen staff receive a certificate

## RESULTS

### HAVE YOUR ACHIEVEMENTS RECOGNISED!

Celebrate your success and inspire others.

- Have your success showcased on our website, the NSW Healthy School Canteens website, newsletters and case studies.