

Visiting

support

Westmead NICU aims to provide a safe and secure environment for patients, parents, family and staff whilst maintaining privacy, minimise overcrowding, reduce infection risk and protect the infant's from undue noise and stress

For parents and siblings visiting is unrestricted (24hours a day)

Grandparents only **OR 4** nominated support people

NO additional visitors are allowed

Access to the NICU is through a secured front entrance. Visitors must ring the bell and wait for a staff member to open the door

After 10pm entry to the hospital is through the emergency department. Security will allow access to the main part of the hospital after notification via the intercom

Any parent, sibling, grandparent or support person who is unwell will not be allowed into the nursery. NO EXCEPTIONS

visiting times for grandparents or nominated

people are:

10am-12pm and 2.30pm-8pm

Two people are permitted at the bedside at one time (one of which must be a parent)

Siblings **must be supervised** at all times.

No visitors in the Parents Room (parents only)

Proof of immunisation status (Personal Health Record book-blue book) must be provided for all siblings below the age of 12 before they can visit

Only under the following conditions should the number and type of visitors change:

- withdrawal of intensive care treatment
- Religious or naming services
- After 4 weeks of hospitalisation then 2 additional people will be allowed to visit on a **Saturday or Sunday between 2.30pm and 4.30pm**



prevention of infection

All visitors must follow the procedures below:

- Use alcohol rub (pink fluid) at the main front door prior to entering NICU
- Place jackets, jumpers and coats on hooks provided
- Remove all jewellery (watches, all rings except wedding ring) and these are to remain off while in the nursery
- Long sleeves must be rolled up to the elbow and kept rolled up until you leave the nursery
- Once in the nursery, hands and arms must be washed thoroughly up to the elbow using soap provided and then dried with the paper towel
- Hands must be rewashed with soap and water after each nappy change and on exiting the nursery

The staff at Westmead NICU would like to thank you for your cooperation

Visitors will not be allowed into the nursery if they have the following:

- fever
- Cough
- Whooping cough
- Bronchiolitis or wheeze
- Chicken pox or shingles
- Influenza (especially swine flu) or cold or flu like symptoms
- Herpes simplex (cold sore)
- Vomiting or diarrhoea (gastro - enteritis)
- Impetigo A (school sores)
- Crusty skin rashes

Please complete the Westmead NICU Contact and Visiting Detail Form and return this form to the ward clerk at the front desk.



Nursery Phone Numbers

Main Reception	9845 7375
Rock Orchid- Beds (1-2)	9845 8822
Flannel Flower Beds (3-4)	9845 7899
Lilli Pilli Beds (5-6)	98458820
Bottle Brush Beds (7-8)	9845 8823
Warratah Beds (9-10)	9845 8821
Grevillea Beds (11-12)	9845 8271
Banksia Beds (13-15)	9845 8270
Wattle Beds (16-17)	9845 8269
Boronia Beds (18-19)	9845 8268
Sturt Desert Pea Beds (20-22)	9845 8267
Kangaroo Paw Beds (23-24)	9845 8266
Snow Gum Beds (25-28)	9845 8265
Blue Gum Beds (29-32)	9845 8264
Red Gum Beds (33-36)	9845 8263
Gumnut Nursery (37-44)	9845 6146

A free confidential Health Care Interpreter Service is available 24 hours, 7 days a week. Please ask a staff member to arrange this service for you.

Compiled by Ann-Maree Padernia



Westmead
Hospital

*Neonatal Intensive
Care Unit
Information for
Visitors*



NICU Reception

9845 7375